

2020-2021 Competencies Resource List

It is our hope that these resources will help you dive deeper into these two competencies.

Christian Spirituality/ Discipleship

Title	Author/ Source	Format
The Praying Congregation: The Art of Teaching Spiritual Practice	Jane Vennard	Book
Day by Day These Things We Pray: Uncovering Ancient Rhythms of Prayer	Arthur Paul Boers	Book
Lord, Teach Us to Pray	Arthur Paul Boers	Book
Every Day Worship	Carol Penner	Book
Flee, Be Silent, Pray: Ancient Prayers for Anxious Christians	Ed Cyzewski	Book
Forming Christian Habits in Post-Christendom: The Legacy of Alan and Eleanor Kreider	Ed. by James Krabill and Stuart Murray	Book
Shalom Sistas: Living Wholeheartedly in a Brokenhearted World	Osheta Moore	Book
The Dark Night: A Gift from God	Daniel Schrock	Book
Prayer Practices for Terrifically Busy People	Daniel Schrock	Book
The Way of the Cross in Human Relationships	Guy Hershberger	Book
Go to Church, Change the World: Christian Community as Calling	Gerald Mast	Book
Widening the Circle: Experiments in Christian Discipleship	Joanna Shenk	Book
Born Again and Again: Jesus' Call to Radical Transformation	Megan Westra	Book
By the Way: Getting Serious about Following Jesus	Derek Vreeland	Book
The Spacious Heart: Room for Spiritual Awakening	Donald Clymer and Sharon Clymer Landis	Book
Lombard Mennonite Peace Center	Impeacecenter.org	Webinars
Strengthening the Soul of your Leadership: Seeking God in the Crucible Ministry	Ruth Haley Barton	Book
Renovation of the Heart: Putting on the Character of Christ	Dallas Willard	Book
The Contemplative Pastor: Returning to the Art of Spiritual Direction	Eugene H. Peterson	Book
Celebration of Discipline: The Path to Spiritual Growth	Richard Foster	Book
Prayer: Finding the Heart's True Home	Richard Foster	Book
Soul Feast: An Invitation to the Christian Spiritual Life	Marjorie Thompson	Book
The Cost of Discipleship	Dietrich Bonhoeffer	Book
Dissident Discipleship: A Spirituality of Self-Surrender, Love of God, and Love of Neighbor	David Augsburg	Book
At Home in the World: A Rule of Life for the Rest of Us	Margaret Guenther	Book

Self-Awareness/ Emotional Health

Title	Author/ Source	Format
Reconnect: Spiritual Restoration from Digital Distraction	Ed Cyzewski	Book
Four Gifts: Seeking Self-Care for Heart, Soul, Mind, and Strength	April Yamasaki	Book
Book	Carolyn Schrock-Shenk	Book
Worthy: Finding Yourself in a World Expecting Someone Else	Melanie Springer Mock	Book
Sacred Pauses: Spiritual Practices for Personal Renewal	April Yamasaki	Book
Soul Force: Seven Pivots towards Courage, Community, and Change	Reesheda Graham-Washington and Shawn Casselberry	Book
Healthy Boundaries Training	Various	Seminar
Practicing Right Relationships: Skills for Deepening Purpose, Finding Fulfillment, and Increasing Effectiveness in your Congregation	Mary Sheldon and Daniel Smith	Book
Pathways Retreat in Goshen	pathwaysretreat.org	
Amigo Centre Personal Retreat Days	amigocentre.org	
DiSC Survey	discprofile.com	
Find a Spiritual Director if you don't already have one: https://mennoniteusa.org/wp-content/uploads/2015/02/SpiritualDirectorsList.pdf	https://mennosdn.org/	
Becoming a Healthier Pastor: Family Systems Theory and the Pastor's Own Family	Ronald W. Richardson	Book
Generation to Generation: Family Process in Church and Synagogue	Edwin H. Friedman	Book
Stop Setting Goals: If you would rather solve problems	Bobb Biehl	
Reconnect: Spiritual Restoration from Digital Distraction	Ed Cyzewski	Book
Four Gifts: Seeking Self-Care for Heart, Soul, Mind, and Strength	April Yamasaki	Book
Book	Carolyn Schrock-Shenk	Book
Worthy: Finding Yourself in a World Expecting Someone Else	Melanie Springer Mock	Book
Sacred Pauses: Spiritual Practices for Personal Renewal	April Yamasaki	Book
Soul Force: Seven Pivots towards Courage, Community, and Change	Reesheda Graham-Washington and Shawn Casselberry	Book
Healthy Boundaries Training	Various	Seminar
Practicing Right Relationships: Skills for Deepening Purpose, Finding Fulfillment, and Increasing Effectiveness in your Congregation	Mary Sheldon and Daniel Smith	Book
Pathways Retreat in Goshen	pathwaysretreat.org	
Amigo Centre Personal Retreat Days	amigocentre.org	