How will I die?
Will I have a good death?
Will I suffer?
How will my family respond?

ENTER THE CONVERSATION on how to LIVE MORE FULLY and PROACTIVELY PLAN.

Living THOUGHTFULLY Dying WELL
by Glen E. Miller, MD

RELIGION / Christian Life / Death, Grief, and Bereavement

Author Dr. Glen Miller, a retired physician, had his own wake-up call when he suffered a heart attack and determined to help himself and his patients go “gently into that good night.” Dr. Miller emphasizes that good preparation for the inevitable—by individuals and their families—will ease this transitional time of high stress and high emotion.