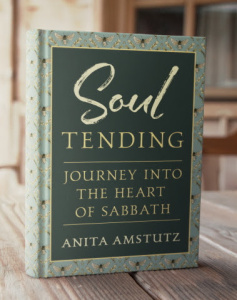
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**Soul Tending**

**Journey into the Heart of Sabbath**

***Join us for a community evening of Summer Solstice reflection and Soul Tending***

[](http://www.skylightpaths.com/page/product/9781594736414)

**Where:** Pathways Retreat Center, 309 ½ Hackett Rd.

**When:** Wednesday June 20, 7-8:30pm

*Music, poetry, prayer and sharing*

Anita Amstutz describes Soul Tending as a spiritual biography*.* It is *“a story of my own wrestling with balance in my work life…how I found the Sabbath welcome of ‘ceasing work’ to be a solace in that dry, droughty space between creativity and overwork/soul weariness”.* We live in hungry times of economic uncertainty, fear, violence, division, and social chaos. What is needed for times such as these is a heart full of courage and wisdom grounded in compassion and resilience and recovering a slower rhythm in today’s world.

***Books will be available for purchase and signing***

**Amazon, Barnes and Noble, Indie Books**

**Visit** [**https://afamstutz.com**](https://afamstutz.com) **for more information.**



[](http://www.skylightpaths.com/page/product/9781594736414)